 **Agenda Overview – 29<sup>th</sup> April 2026, 2–4pm**

<b>Time</b>	<b>Session</b>	<b>Lead</b>	<b>Purpose / Focus</b>
1:45	Welcome Coffee & Registration 🍷		A chance to meet, chat, visit the marketplace area and connect before we begin.
2:00	Opening & Introductions	DB	Setting the scene and celebrating our shared purpose.
2:10	What to Expect from the CPGs	VB/SW	Understanding how the group works and what success looks like.
2:15	Kim Petty – Kimbo Rocks 🎤	Speaker	Breaking barriers – A personal journey
2:30	Eve Bennett 🎤	Speaker	Reflections on time served as Disability Rights Commissioner
2:45	Pause and refresh 🍷		Time to recharge and get refreshments before returning to your seats for informal discussions.
3:00	Information discussion	VB	Group discussion

**Informal discussion points:**

- **Going to the GP**  
What is it like for you when you go to the GP or for a health check?  
What would make going to the GP easier for you?

➤ **Everyday life**

What things in everyday life are hardest for you?  
What support helps you the most?

➤ **Knowing who to ask for help**

Do you ever feel unsure about who to ask for help?

For example:

 Health

 Housing

 Social care

What would help you know who to ask?

➤ **Living more independently**


What support would help people with learning disabilities live more independently?

➤ **Being listened to**

What makes you feel that services are really listening to you?

➤ **Joining activities & groups**

What could the council do to help people with learning disabilities join:

 Activities

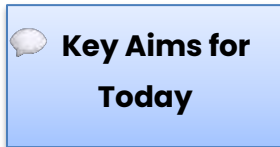
 Groups

 Community events?

➤ **Making services better**

What could **you** do, as part of this group, to make services easier to use and be more supportive for people with LD?

4:00 Wrap up of discussions & close DB / VB



- ✓ Build shared understanding of the CPG's purpose
- ✓ Hear lived experiences and insights from Carers
- ✓ Continue shaping a collaborative vision for future action