



# Community Partnership Group – Carers

## 🕒 Agenda Overview – 25<sup>th</sup> March 2026, 2-4pm

Time	Session	Lead	Purpose / Focus
1:45	Welcome Coffee & Registration ☕		A chance to meet, chat, visit the market place area and connect before we begin.
2:00	Opening & Introductions	DB	Setting the scene and celebrating our shared purpose.
2:10	What to Expect from the CPGs	BH	Understanding how the group works and what success looks like.
2:15	Lorna Corbin – Central Bedfordshire Council 🎤	Keynote Speaker	Thoughts and discussion on the CBC Carers Strategy.
2:45	Blue Sky Carers Support 🎤	Speaker	New service provider introduction
3:10	Pause and Refresh ☕		Time to recharge and get refreshments before returning to your seats for informal discussions.
3:20	Information discussion	BH	Group discussion
	<b>Informal discussion points:</b>		
	➤ How can we improve awareness of local services, so Carers know what support is available earlier in their caring journey?	All	Group discussion

- What could GPs, hospitals and other healthcare professionals do better to identify and support Carers?

What are the best ways to reach Carers who may not identify themselves as Carers or who are not currently connected to services?

- What practical changes would help Carers access regular breaks or respite more easily?

What types of peer support or community connections would help reduce isolation among Carers?

All

Group discussion

What support should be available when Carers reach breaking point or experience burnout?

- What would help Carers in Central Bedfordshire prioritise their own wellbeing and access breaks from caring?
- From your experience, what could the Council do differently to make its services more accessible and supportive for Carers?

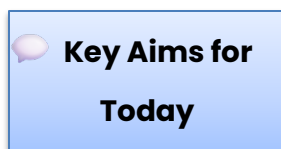
All

Group discussion

All

Group discussion

4:00 Wrap up of discussions & close BH / VB



- ✓ Build shared understanding of the CPG's purpose
- ✓ Hear lived experiences and insights from Carers
- ✓ Continue shaping a collaborative vision for future action