

Forget Me Not

A group to support carers and people with memory problems or Dementia

1.30pm — 3.30pm

At The Rufus Centre

Steppingley Road, Beds MK45 1AH

Come along and join us on the following Monday's ...

9th January - Tea, chat & games

12th February - Memories through Music with Marie

12th March - Carers in Beds

9th April - Co-op Financial Advice

14th May - Rebecca L Faret Solicitors

11th June - Bedfordshire Police

9th July - The Disabilities Resource Centre

13th August - Tea, chat & games

10th September - Carers in Bedfordshire

8th October - Co-op Financial Advice

12th November - Tea, chat & games

10th December - Mince Pies and Chat



For more details call Flitwick Town Council 01525 631900 or email susanriley@flitwick.gov.uk

