

MINUTES

Meeting:	HWCB Public Working Board Meeting
Date:	Tuesday 14 March 2017
Time:	18.00 to 19.30
Venue:	The Incuba Centre 1 Brewers Hill Rd Dunstable LU6 1AA

ATTENDEES:

First Name	Surname	Initials	Role
Diana	Blackmun	DB	CEO
Miriam	Coffie	MC	Director
Catherine	Davies	CD	Director
Linda	Grant	LG	Director
Dave	Simpson	GH	Vice Chair & Joint Co-Chair
Wendy	Toomey	WT	Joint Co-Chair
Tegan	Ingram	TI	Youth Parliament
Paige	Taylor		Youth Parliament

APOLOGIES: Gill Hiscock

In attendance Bob Smith, Den Fensome Linda Harrison, Simon Bailey

		ACTION
1.	Welcome - Introduction of new Director, Miriam Coffie	
2.	Minutes of last meeting agreed	
3.	<p>Financial Update</p> <ul style="list-style-type: none"> • Accounts 2016/17; HWCB budgeted to overspend by £12k (covered from previous years underspend). • Due to loss of staff member and income generation during 2016/17; actual budget will indicate a 12/13k underspend (final figure due at end of March 2017). • Draft budget for 2017/18 will include staff pay awards (between 1 – 2%) and pension contributions (work place pension) for current and new staff. • 2017/18 budget currently predicts an overspend of circa £7k however, 2016/17 underspend and reserves in excess of £25k will more than cover the overspend. 	

<p>4.</p>	<p>CEO Update</p> <ul style="list-style-type: none"> • CBC's Executive Committee approved 3 year funding plan to 2010 for HWCB. • Carer's Film shown to CBC's Health and Wellbeing Board and BCCG Governing body. • HWCB invited to be a Partner in BCCG's Right Care Delivery programme. • HWCB hosted very successful public STP event on 31.01.17. • HW's locally invited to take part in STP Public Voices Partnership. • A recent increase in negative comments about Mental Health Teams in Biggleswade and Dunstable (through Feedback Centre) led to a meeting with ELFT to raise awareness of these issues. ELFT outlined plans to share comments received with both teams and to set up local groups to give Carers and Service users the opportunity to share their experiences. HWCB to raise awareness and follow up with ELFT. • Just Ask Dates confirmed for 2017 – all were encouraged to join each event. • The News section on HWCB website regularly updated; DB encouraged all to view and send through any News items to be highlighted. • Successful presentation to all HW in the East of England region about the challenges faced by a small local HW; positives and difficulties that arise. • Interviews for two new staff roles; Engagement & Volunteer Coordinator and Digital Comms Officer due to take place w/c 20th March. 	
<p>5.</p>	<p>Falls and Fracture Prevention - presentation given by Bob Smith (HWCB Volunteer).</p> <ul style="list-style-type: none"> • Common Cause of loss of independence in older age. • 10% of falls result in a serious injury. • 7% of people with a hip fracture die within 1 month of the injury. • Can result in long hospital stays. • Increase care costs at home. • Annual cost including medical and social care for all hip fractures is £2 billion. <p>Be proactive to prevent falling: - exercise, regular eye tests, take prescribed medication as directed, check for osteoporosis, adapt the home and garden (risk management).</p>	

6.	<p>Youth Parliament Report</p> <ul style="list-style-type: none"> • Mental Health Survey developed with BLMK Mind, has been sent to all schools in Central Bedfordshire - asked for this to be placed on HWCB website • Youth Parliament nationally lobbied successfully for SRE to remain compulsory within schools. • Local issues for Youth parliament are Mental Health, Votes for 16 years old and Curriculum for Life. 	
6.	<p>AOB</p> <ul style="list-style-type: none"> • Enter and View programme to resume. • Young Healthwatch working on a programme to support young people to become confident in contacting and making appointments with their local GP Surgery. 	
7.	<p>Date of next working group board meeting</p> <ul style="list-style-type: none"> - 24th April 2017, 16.00 to 18.00, Board Room Capability House, Silsoe 	